

Marketing and Branding

We are
'Here to help'

We are undergoing an exciting change to our branding and marketing. We will have a new bright logo which you will notice over the coming months as the transition takes place. Our logo will represent consultation, engagement, teamwork and illustrates that our customer is at the centre of everything we do. Our tag line is 'Here for you' which represents our values and our focus on your individualised support.

Health information— Exercise

Regular Physical activity is one of the most important things you can do for your health. It can help: control your weight; reduce your risk of illness, improve your strength and stamina, and improve your mood and improve your ability to do daily activities and prevent falls.

If you would like some help to become active. Please let us know.

Contact Kalyra Community Service:



Email: amcstay@jamesbrown.org.au

Web site: www.jamesbrown.org.au

123 Swanport Road, Murray Bridge 5253

Telephone: (08) 8531 0425

Facsimile: (08) 8180 1750

2 Kalyra Road, Belair S.A. 5052

Telephone (08) 8278 0390

Facsimile: (08) 8278 3944

Correspondence to

PO Box 196, Blackwood S.A 5051

The James Brown Memorial Trust Values:

Caring: Being committed, thoughtful, supportive and considerate

Quality Service: Being professional and continuously improving

Accountability: Having pride and taking responsibility

Respect: Showing regard for the rights, beliefs and property of all

Teamwork: Working together to achieve a common goal

Open communication: Improving understanding through listening and sharing

Honesty: Demonstrating truthfulness and sincerity

Enjoyment: Achieving satisfaction in a happy and healthy community

"To perpetuate the memory of James Brown by providing and facilitating humanitarian services which improve the quality of life of those in need."



James Brown Memorial Trust

CELEBRATING 125 YEARS

COMMUNITY MATTERS

Kalyra Community Services Newsletter

ISSUE 9

FEBRUARY 2017

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Message from Valerie Sandlant, Director of Community Services



I am pleased to bring you the first Community Services newsletter for 2017.

Home Care Package - Variation Deed

Thank you everyone who has returned the Variation Deed. We are now sending a copy of JBMT signed copies back for your record. There has been some confusion with the information in these. Just to clarify one question re the 60 days notice, this only refers if you wish to transfer your Home Care Package to another provider. It does not apply if you require to move into residential care.

Quality Review

All aged care providers go through this process on a 3 yearly basis to ensure we provide quality services. Two Assessors from the Quality Agency will be based at Belair on the 20th & 21st March. We went through this process in March 2014 and were found to meet all the standards with some exemplary results.

You will find enclosed a letter inviting you to be involved. This could be to attend the office to meet them or by phone if distance is an issue. If you are interested, please let a staff member know when they visit or contact the office on 8278 0390 or the Agency directly. Transport to attend can be arranged.

Best wishes Valerie

Social program CHSP Clients- Calendar of events

Commonwealth Home Support Program clients: Events \$22 & entry fee listed. Transport included.
Private and Home Care Package clients: cost to be advised at enquiry as will vary on event.

ART - SA Art Gallery - New exhibitions. Free entry—any time.

FRINGE THEATRE

Cirque Africa - Hindmarsh Square

Saturday 4th March 2017, 3.00pm \$23.00 concession.

Cirque Africa is based on a modern circus acrobatic performance that dramatically transports the audience to discover the other side of Africa. Respond early for this performance to book the seats.



GARDENS

Adelaide Botanic Garden guided tour and gentle walk - approx. 1.5hrs

- Tuesday 7th March, 10:30am.

Mt Lofty Botanic Garden Autumn colour tour

- Late March, and into April

CINEMA

“Murder on the Orient Express” presented by *Anne Wills* -digitally remastered nostalgia Agatha Christie film starring Albert Finney.

- Mitcham Wallis Cinema. Wednesday 1st March or Sunday 26th March
- Mt Barker Wallis Cinema. Sunday 19th or Wednesday 22nd March.

“Lion” starring Dev Patel & Nicole Kidman, a true Australian story.

- Adelaide Mercury Cinema. Friday 24th March.

MUSIC

Elder Hall. Favorites from three intertwining musical eras: Mozart, Divementa in D K. 136, Neruda Trumpet Concerto in E-flat, Grieg, Holberg Suite Op. 40

- Elder Hall. Friday 17th March 12:30pm entry \$12.00

Pilgrim Church. Jacqui Finlay & Carolyn Lam- Cello & Piano. Macarena Zambrano- Piano.

- Pilgrim Church. Wednesday 15 March entry \$5 (includes both performances)

If you wish to go for an outing of your choosing, or pursue any other activities that inspire you to enjoy new experiences and learn new things, just speak to a staff member.

Feature Service

Personal Care and maintaining my privacy

Personal care is a support which provides considerate and respectful care for tasks that are personal and private. This service is provided on a daily or intermittent basis and may include tasks that are personal and private. People can require help with a shower or bath, dressing, and helping with the little touches e.g. makeup, hair, hearing aids.



The level of support provided for personal care can be as little as standing by in case you need help, or full assistance as you require. We will take every care to match our services to your routine and to provide staff that you will be comfortable with.

Personal care support helps people to feel organised and refreshed throughout the day.

Changes in Home Care Packages

The next stage of the government Aged Care Reforms will be implemented on and after 27/2/2017.

- You will be eligible to receive a subsidised aged care service when you receive a letter from My Aged Care confirming your referral code.
- Kalyra Communities will request your referral code to offer you a Home Care Package.
- Home Care Packages will be transportable so you can choose your service provider.
- More Home Care Packages are expected to be released for those waiting for a Home Care Package or waiting for a higher level of Home Care Package.

Please contact Kalyra Communities if you have further questions and we will be happy to discuss further.